

Transition Checklist--Ages 14-21

_____ Vocational Evaluation

- ___ Achievement
- ___ Interest(s)
- ___ Work skills
- ___ On the job evaluation
- ___ SAT/ACT/other entrance examination
- ___ Other _____

_____ Academic Needs

- ___ Reading
- ___ Writing
- ___ Math
- ___ Touch typing
- ___ Computer skills
- ___ Software (e-mail, word processing, spread-sheet, data base, graphics, etc.)
- ___ Other _____

_____ Communication Needs

- ___ Sign Skills
- ___ Use of interpreter, rights and responsibilities
- ___ Use of Assistive Technology devices
- ___ Writing memos, reports, requests, etc.
- ___ Other _____

_____ Vocational Needs

- ___ Explore vocational options
- ___ Pre-college summer program
- ___ Vocational training
- ___ Specific job skills training _____
- ___ Work/Study program
- ___ Internship/co-op
- ___ On the job training
- ___ Plan for post-school activity
- ___ Employment
- ___ Identify type and locations *
- ___ Visit job sites *
- ___ Interview employees, HR personnel
- ___ Update resume
- ___ Apply for employment *
- ___ Vocational training
- ___ Identify type, requirements and locations *
- ___ Visit prospective programs *
- ___ Explore financial aid *
- ___ Apply for financial aid *

- Apply to programs *
- College
- Acquire college catalogs *
- Identify requirements *
- Visit prospective colleges *
- Explore scholarships/financial aid *
- Apply for scholarships/financial aid *
- Apply to colleges *
- Job placement services
- Time management
- Punctuality
- Following directions
- Taking initiative
- Decision-making *
- Accepting Responsibility *
- Job search skills
- Interview Skills
- Create resume
- Fill out applications
- Fill out tax/employment forms
- Prepare and file tax return
- Know pertinent personal information (SS#, health insurance, etc.)
- Contact with employment resources (including DRS/VR, DIDD, etc.)
- Other _____

Social Needs

- Interaction with superiors
- Interaction with peers
- Impulse control
- Etiquette *
- Identify and access social opportunities/leisure activities * (clubs, organizations, general community connections)
- Sexuality, family planning training *
- Other _____

Independent Living Needs

- Nutrition, meal-planning, cooking
- Cleaning/housekeeping *
- Record keeping *
- Money management *
- Open checking/ account/balance checkbook *
- Obtain personal I.D.*
- Register to vote *
- Driver education
- Obtain driver's license *
- Personal vehicle, registration, insurance *

- Use interpreter referral services
- Procedures for emergency situations *
- Maintenance and repair of assistive devices
- Use maps, telephone books and other reference aids *
- Attend to own medical and dental needs *
- Make own appointments *
- Fill prescriptions *
- Explore post-school residence options * (apartment, dormitory, with family, etc.)
- Arrange post-school residence
- Identify insurance needs and options *
- Arrange for needed insurance *
- Other _____

Community Experience Needs

- Use community agencies independently * (library, government offices, church, etc.)
- Use community resources independently * (stores, dry cleaning, pharmacy, etc.)
- Use service agencies independently *
- Use medical and dental resources independently *
- Register for Draft at age 18* -- All males-NO exceptions
- Other _____

Self-Advocacy/Self Determination Needs

- Makes decisions and accepts consequences
- Knowledge of federal IDEA and TN special education rules
- Knowledge of general disability laws and statutes
- Knowledge of laws and statutes pertaining to people with disabilities
- Knowledge of rights and responsibilities
- Determines own accommodation needs *
- Properly requests reasonable accommodations
- Transfer of rights training

* May be appropriate to assign/share responsibility for implementation to parent and/or student. Parents cannot be made to incur costs, even if they are responsible for implementation. This checklist was adapted from materials published by Professor James Martin, Director of OU's Zarrow Center.

<http://www.ou.edu/content/education/centers-and-partnerships/zarrow.html>

This list is not exhaustive. Modify the checklist to individualize it as you see fit.

<p>For more information on Secondary Transition, visit The Arc Tennessee www.thearctn.org/Transitions.php</p>	
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