

The Arc Tennessee's Secondary Transition Project

<http://www.thearctn.org/Transitions.php>

Middle to East

Loria Hubbard-Richardson

(615)215-2065

lrichardson@thearctn.org

Middle to West

Treva Maitland

(731)414-3521

tmaitland@thearctn.org

Supervisor

Pat Edmiston

(901)604-7327

pedmiston@thearctn.org

The Arc Tennessee advocates for the rights and full participation of all people with intellectual and/or developmental disabilities. Through our family-based network of members and chapters, we support and empower individuals and families; connect and inform individuals and families; improve support and service systems; influence public policy; increase public awareness; and inspire inclusive communities.

The Arc Tennessee manages by the values, Integrity, Respect, Courage, and Justice.

Donations to The Arc Tennessee are tax-deductible.

The Secondary Transition Project is funded under an agreement with the State of Tennessee Department of Education.

The Arc Tennessee
151 Athens Way, Suite 100
Nashville, TN 37228

Student-Directed IEP Training



**Helping Students learn
Self-Determination and
Self-Advocacy skills
by Directing **their**
own IEP meetings**



60 Years
Advocacy &
Inclusion

The Arc Tennessee's Secondary Transition Project helps students, families, and educators understand the Secondary Transition process, see the possibilities for adult life, and become aware of resources available to help make the student's dreams come true.

Secondary Transition is the process of preparing students (14-22) for Adult Life.

The Critical Elements of Secondary Transition are:

- Transition Planning
- Student Involvement
- Family Involvement
- Curriculum and Instruction
- Inclusion, Access and Accountability
- Interagency and Community Services
- Transition Assessment

The transition plan serves as a guide toward successful adult life for students (living, learning, working, and loving life in the community).

During the transition planning process, which is much like a puzzle, there are several pieces of the transition plan that must be reviewed and updated at least annually during the IEP (Individualized Education Plan) team meeting.

The pieces of the transition puzzle include:

- ❖ The student's Preferences, Interests and Needs

- ❖ The Student's Vision for the Future
- ❖ The Student's Present Level of Educational Performance
- ❖ The IEP with Statement of Needed Transition Services
- ❖ Implementation of the IEP to this point
- ❖ Evaluation of the IEP components

Traditionally, students have not played a leadership role in the transition planning process despite the fact that the process is supposed to be student-centered.

The Arc's **Student-Directed IEP training** uses several tools to help students become more involved in their own transition planning process. Student-Directed IEPs help students:

- Learn to make their own decisions (Self-Determination)
- Speak up for themselves (Self-Advocacy)
- Take ownership of their own plan's outcomes

The Arc Staff breaks the **Student-Directed IEP training** into 3 categories of Skill Sets:

1. Meeting Facilitation
2. Self-Advocacy & Self-Determination
3. Effective Communication & Conflict Resolution

Every single student in this state can become a more active participant in their own meeting in their own way. Let us show you!

Student-Directed IEPs teach students Self-Advocacy & Self-Determination skills needed to move seamlessly into adult life in a person centered manner

Student-Directed IEP training is available across the state and in your area.

For more information about the training or to schedule training, contact The Arc Tennessee.



**151 Athens Way, Suite 100,
Nashville, TN 37228
(615)-248-5878 or (800) 835-7077
Fax (615) 248-5879
www.thearctn.org**

Ask The Arc Tennessee Staff about a free one year membership for individuals with disabilities and their families. A.10.