

Program, Support, Service	Contact Information
ABLE Account	ABLE TN – (Achieving a Better Life Experience) - <a href="http://abletn.gov/">http://abletn.gov/</a>
The Arc Tennessee Disability Advocacy, Training, Referral	<a href="http://www.thearctn.org/Home.php">http://www.thearctn.org/Home.php</a> or 800-835-7077 or 615-248-5878 545 Mainstream Drive, Suite 100, Nashville, TN 37228
Conservatorship; Special Needs Trusts; Wills	Families considering conservatorship should read this first: <a href="http://www.thearctn.org/Assets/Docs/Conservatorship_Handbook.pdf">http://www.thearctn.org/Assets/Docs/Conservatorship_Handbook.pdf</a> Special Needs Law Center <a href="http://www.tnsntlaw.com/">http://www.tnsntlaw.com/</a> or 615-509-4677
Disability Services and Supports Finder	TN Disability Pathfinder <a href="http://kc.vanderbilt.edu/pathfinder/">http://kc.vanderbilt.edu/pathfinder/</a> or 800-640-4636
Disability Rights TN- Disability Advocacy	<a href="http://www.disabilityrightstn.org/">http://www.disabilityrightstn.org/</a> 800/342-1660
Employment and Community First (ECF) CHOICES Program	Employment and Community First (ECF) CHOICES Program – Home and Community Supports: <a href="https://www.tn.gov/didd/employment-and-community-first-choices.html">https://www.tn.gov/didd/employment-and-community-first-choices.html</a> . West Tennessee: 866/372-5709 Middle Tennessee: 800/654-4839 East Tennessee: 888/531-9876
Family Support Program - Not Receiving Other Disability Services	<a href="https://www.tn.gov/didd/for-consumers/family-support.html">https://www.tn.gov/didd/for-consumers/family-support.html</a> 615/532-6552 Middle Tennessee: 615/231-5057 East Tennessee: 865/594-9288 West Tennessee: 901/745-7215
Family Voices of TN (Health Care Info)	<a href="http://tndisability.org/familyvoices">http://tndisability.org/familyvoices</a> 615/383-9442 or 888/643-7811
Healthcare policies/grievances	TN Health Care Campaign <a href="http://www.thcc2.org">http://www.thcc2.org</a> or 615-227-7500
Free Health Care	<a href="https://ramusa.org/">https://ramusa.org/</a> or 865/579-1530
Health Insurance – Medicaid. Apply through the Marketplace Exchange. Help understanding, applying/keeping	TennCare <a href="http://www.tn.gov/tenncare/">http://www.tn.gov/tenncare/</a> 800-342-3145 Hispanic: 866-311-4290 <a href="https://www.healthcare.gov/get-coverage/">https://www.healthcare.gov/get-coverage/</a> or <b>800-318-2596</b> <b>TennCare Advocacy program</b> <a href="http://www.tenncareadvocacy.com">http://www.tenncareadvocacy.com</a> <b>800-758-1638</b>
Healthcare navigation	Family Voices of TN - <a href="http://www.tndisability.org">http://www.tndisability.org</a> or 888-643-7811
Low income Legal	TN Justice Center - <a href="http://www.tnjustice.org">http://www.tnjustice.org</a> or 877-608-1009
Housing – HUD in Tennessee Section 8 and Low Rent	Tennessee Public Housing Agencies <a href="http://portal.hud.gov/hudportal/HUD?src=/states/tennessee">http://portal.hud.gov/hudportal/HUD?src=/states/tennessee</a> East TN – Knoxville Program Center, 615-515-8520 Middle TN – Nashville Program Center, 615-515-8520 West TN – Memphis Hub, 901-544-3544

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Mortgage assistance, help with low-income home purchases	TN Housing Development Agency (THDA) <a href="http://www.thda.org">http://www.thda.org</a> or 800-228-8432
Free low-income legal services – civil cases only	Legal Aid Society of Middle Tennessee and the Cumberland <a href="http://www.las.org/">http://www.las.org/</a> or <b>1-800-238-1443</b> 8 offices that serve 48 counties - map here: <a href="http://www.las.org/contact">http://www.las.org/contact</a>
Long-term services and supports for seniors and adults with physical disabilities	TennCare CHOICES <a href="http://www.tn.gov/tenncare/long_choices.shtml">http://www.tn.gov/tenncare/long_choices.shtml</a> 1-866-836-6678 Or contact the TennCare health plan provider (MCO)
Low Income Home Energy Assistance Program	Apply at local LIHEAP agency – locations: <a href="https://s3.amazonaws.com/thda.org/Documents/Business-Partners/Grant-Administrators/LIHEAP/LIHEAP-Contacts-liheap-agencies-01292016-Update.pdf">https://s3.amazonaws.com/thda.org/Documents/Business-Partners/Grant-Administrators/LIHEAP/LIHEAP-Contacts-liheap-agencies-01292016-Update.pdf</a>
Mental health services and support	TN Department of Mental Health & Substance Abuse Services <a href="http://www.tn.gov/mental/">http://www.tn.gov/mental/</a> or 855-274-7471
Mental illness support	NAMI TN - <a href="http://www.namitn.org">http://www.namitn.org</a> or 800-467-3589
Respite Care	Tennessee Respite Coalition - <a href="http://tnrespice.org/">http://tnrespice.org/</a> or 888-579-3754
Social Security Retirement. Disability Income. Supplemental Security Income.	Social Security Administration <a href="https://www.ssa.gov/">https://www.ssa.gov/</a> You must apply for SSI in person. To locate the SSA office nearest to you: <a href="https://secure.ssa.gov/ICON/main.jsp">https://secure.ssa.gov/ICON/main.jsp</a>
S.T.E.P. - Special Education Rights	<a href="http://www.tnstep.org">http://www.tnstep.org</a> 800-280-7837
Supplemental Nutritional Assistance Program - SNAP Formerly called Food Stamps	Eligibility guidelines and contact information: <a href="http://tn.gov/humanservices/topic/supplemental-nutrition-assistance-program-snap">http://tn.gov/humanservices/topic/supplemental-nutrition-assistance-program-snap</a> Apply at any TN Department of Human Services county office – locations: <a href="http://www.tennessee.gov/humanservices/article/office-locator-family-assistance">http://www.tennessee.gov/humanservices/article/office-locator-family-assistance</a>
Transition Tennessee	<a href="http://transitiontn.org/about/">http://transitiontn.org/about/</a>
Vocational Rehabilitation (VR) and Technology Access Program	TN Department of Human Services, Division of Rehabilitation Services <a href="http://www.tn.gov/humanservices/topic/vocational-rehabilitation">http://www.tn.gov/humanservices/topic/vocational-rehabilitation</a> 615-313-4891 or 800-732-5059 Office Locator - VR Centers and Tennessee Technology Access Program: <a href="https://www.tn.gov/humanservices/ds/office-locator-trc-ttap.html">https://www.tn.gov/humanservices/ds/office-locator-trc-ttap.html</a>